

C. Bartl



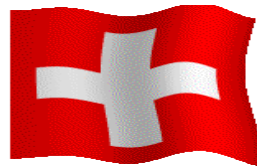
G. Delle Rose



**INTRA-EUROPEAN TRAVELLING FELLOSHIP 2009
07.06.09 - 03.07.09**



Our travel started in Innsbruck, visiting dr. **Marcus Wambacher** and **Franz Kralinger** at the University Hospital. We spent 2 days and a half in a lovely place (a very well organized trauma center with a huge department) splitting our experience between operatory room, consultations and a very useful cadaver lab (this was a very good experience for us). We don't forget the very nice trip on the mountains surrounding the town and the dinner with the typical tirolean food in the downtown.



The second stop was in Bern in the Lindenhofspital where prof **Ralph Hertel** very kindly received us and showed his department. We spent the first day in the operating room discussing about interesting cases and facing a very challenging case as first surgery. The particular dressing code in the O.R. was very interesting and we discussed about sterility which is indeed a basic condition in the orthopaedic surgery.



The second day was focused on consulting and it was very useful for us to check the clinical outcomes. Finally, we had a lovely dinner in the downtown.



By train we reached Zurich for our third stop. At the Uniklinik Balgrist visiting prof. **Christian Gerber** and dr. **Bernhard Jost** we were introduced to the whole staff at the usual very early meeting in the morning. We visited the biomechanical lab and the experimental lab. The surgery and the consultations were very interesting because of the great number of unusual and challenging cases. We were very proud to participate at the scientific meeting organized in our honour: it was full of issues to discuss and we had the honour to meet prof. **Uthoff**.

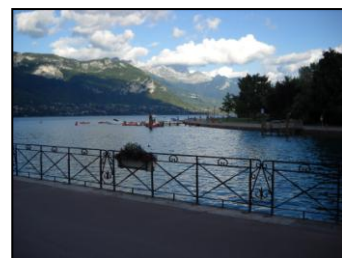


But the time spent in Zurich was not only focused on shoulder disease; we had lovely dinners in different restaurant drinking very good wine and eating international food.

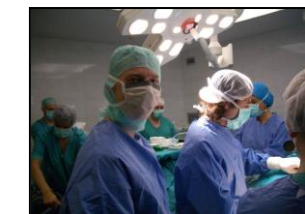
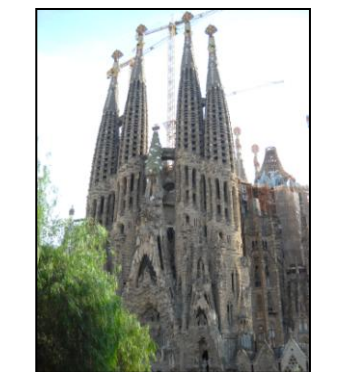




Our fourth stop was in Amsterdam at the OLVG Hospital visiting dr. **Jaap Willems**. It was a pleasure for us to meet dr. Willems at the airport. Our experience in Amsterdam was focused especially on the operating theatre: We attended at elbow and shoulder arthroscopy and other challenging cases during open surgery. Furthermore we had a stimulating discussion during the scientific session with all the staff. The free time was perfectly organized: We can't forget a dinner in an Italian restaurant with all the staff and the lovely trip at the sea in a very nice sailing club eating a typical Dutch barbecue on the beach.



The fifth stop was in Annecy at the Clinique General where we met dr. **Laurent Lafosse**. In the three days that we spent in this lovely small town we've seen everything is possible to operate arthroscopically and more. In fact, very interesting and unusual cases were operated. The procedures were all technically high demanding and we can appreciate a lot of tip and tricks in the shoulder arthroscopy procedure. Finally we assisted to the famous all arthroscopic Latarjet - Patte procedure for the shoulder instability.



Our sixth visit was in Barcelona at the Hospital del Mar where we met dr. **Carlos Torrens** and **Fernando Santana**. In this lovely city we spent three pleasant days splitting our experience in the operatory room and the city nightlights. Beside the interesting open surgery procedures we really appreciated the hospitality. We can't forget the jogging at the seaside and the lovely dinner at Barceloneta.





The seventh stop was in Nottingham visiting prof. **W.A. Wallace** and dr. **L. Neumann** at Queen's Medical Centre, Nottingham University. We spent four lovely days: We were kindly received by prof. **Wallace** at the airport and we spent the afternoon at **Wallace's** cottage drinking beer. We spent the Sunday on **Wallace's** narrow boat in the English canals and it was a lovely day. But our stay in Nottingham was not only focused on visiting the town and the canals but was also full of shoulder surgery in the next two days. The meeting with all the staff discussing about shoulder disorders was very interesting and very well organized. The last night was very well spent at **Neumann's** house playing croquet, eating a good barbecue and drinking very good wine.



The last stop was in Nice visiting prof **P. Boileau** at Hopital L'Archet 2, Nice University. Unfortunately, we spent only one day in this lovely town nearby the sea. It was a very busy day: we could appreciate either open shoulder procedures and arthroscopy shoulder procedures. A particular interesting procedure was the all arthroscopic Latarjet-Bristow repair for the anterior instability. Beside this we could finally appreciate a very nice dinner in a typical restaurant on the beach.



TAKE HOME MESSAGE

It was indeed a wonderful experience. We think that see different ways of approaching the same pathologies is essential for young surgeons. We thank all the host centres for the very kind hospitality. **Silvie Noel** was very precious for us in all the occasions. Finally we thank all our families because allowed us to travel around Europe for four weeks.

