

## SECEC Intra European Travelling Fellowship 2011

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We started our Fellowship in Annecy (France) with our stay at the clinique générale with Dr. Laurent Lafosse. One of his fellows picked us up in the hotel and during

the first day we saw many different high demanding arthroscopic surgeries like the arthroscopic Latarjet procedure, suprascapular nerve release and also reverse shoulder arthroplasty. We met his actual and past fellows and were able to see the huge amount of effort they spent for organizing the 2011 Live Annecy Shoulder Course. The next day, we joined Dr. Lafosse in the clinic and he showed us his examination for suprascapular nerve syndrome but we also saw the excellent results 6 weeks after arthroscopic Latarjet.



Then we had the great opportunity to join the Live Surgery course with 38 live operations and 25 surgeons from 9 different countries. We had the opportunity to see many different kinds of approaches and were able to join the excellent food during our stay

there.



The next stop was Nice with Prof. Pascal Boileau at the l'hôpital Archet 2. We had an excellent day in the OR seeing many different procedures like the arthroscopic bristow

procedure, the BIO RSA and demanding revision arthroplasty. Prof. Boileau discussed



and explain us everything and shared his thoughts during surgery. In the afternoon we joined him in his clinics and could participate in his decision making process.

The next day we had a full day of OR again with demanding revision surgery,

arthroscopic and open. In the afternoon we had a scientific session and could learn a lot

in the discussion. In the evening we were invited having a delicious dinner at the seaside with the entire staff of his department and his lovely wife. The next day we joined him in the clinic and could again participate in his process of decision making and indication whilst he



responded to all our questions and we saw also the excellent outcome of his follow up patients.





Afterwards we left for Milano. We were picked up at the airport by a fellow of Dr. Castagna. The

next day we were in the Humanitas hospital with Dr. Castagna and joined many different arthroscopic procedures including PASTA repair, revision instability surgery and SLAP repair.



In the evening we had a scientific session and could discuss his experience and research about biceps tenodesis and PASTA repair. In the evening we were invited in his house

and we were honored to meet also Prof. Randelli during a lovely dinner with very interesting conversation. The next day he picked us up and we joined him during arthroscopic surgery, like massive cuff repair and cuff revision with arthroscopic patch augmentation. In the evening we had an excellent dinner in an Italian restaurant with 23 different risottos and his friendly staff. The next day we had the opportunity to visit Milano and had fantastic Italian ice cream.





Then we took the train to Cattolica where we stayed in a very nice hotel directly at the

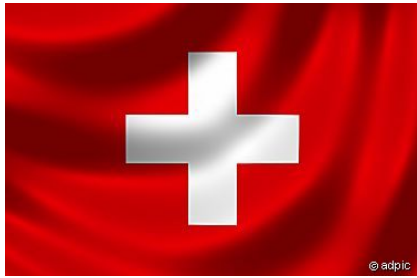
seaside. We were picked up the next morning by Dr. Campi who showed us the hospital, the training room with Alex shoulders, the rehab pool and the clinic. In the afternoon we joined them in the OR and saw different arthroscopic operations.

The next day we joined them again in the OR and Dr. Porcellini performed reversed



shoulder arthroplasty, conventional shoulder arthroplasty and total elbow arthroplasty but also arthroscopic shoulder stabilization and cuff repair. In the evening we went to a cart race with his staff and had excellent italian food and ice

cream afterwards.



Then we went to Bern to Prof. Ralph Hertel. The first day we joined him in the OR and he

shared his experience and thoughts with us about rotator cuff repair, postoperative follow up and rehabilitation. In the afternoon we had a discussion in his office about

shoulder instability and the reliability of shoulder scores.



The next day we joined him in his clinic and he taught us about his indications and examination process. In the evening he invited us in his beautiful house and we had a lovely dinner prepared by his wife.



Afterwards we started in the morning our never ending journey to

Reading. The airplane had a technical problem and we were trapped inside for 4 hours

and finally managed to get a new flight to London and

arrived there more than 7 hours later. Prof. Levy

kindly went twice to the airport and picked us up

welcomed us very warmly despite all his wasted time

and took us to a very nice hotel directly at the

riverside. The next day we had a beautiful walk with

his colleague Giuseppe Sforza and met Prof Levy at the

Thames where he arranged a professional rowing lesson with a very kind teacher for us.



Fortunately none of us fell in the freezing cold water! In the afternoon Prof. Levy organized a barbecue party in his garden with his friends and colleagues. We had also the honour to meet Dr. Copeland. The next day we went to the clinic where Prof. Levy



impressed us with his accuracy in evaluating and scoring every single patient. In the evening we had an high level scientific meeting with his staff and Dr. Copeland. Afterwards he took us in a very typical english restaurant in Sonning were he entertained us with tales of the region.

In the morning he took us to the OR and performed among other procedures the



parachute technique for rotator cuff repair and the VERSO reversed shoulder arthroplasty. In the afternoon we went with him in the clinic and he showed us his arthroscopy simulator. Then he kindly took us to the airport to our flight for Madrid.



Although we arrived at midnight there, Dr. Antuna was waiting for us at the airport and

took us to an excellent hotel near to his hospital La Paz.

The next morning we joined him in the OR and he was performing elbow arthroscopy



and most complicated high demanding elbow revision surgeries. In the evening we went to his house where Davide was beaten in Wii Tennis by his 6 year old son, Miguel and Carla, his 11 year old daughter performed Beatles songs

for us. His wife prepared a wonderful typical dinner for us and we had a lot of fun.



The next day was a national Holiday and we had the opportunity to visit Madrid. In the evening we met for dinner at spanish time (9:30pm) in a elegant restaurant and also Dr. Emilio Calvo joined us there together with



Dr. Antunas Colleague Dr. Raul Barco. Afterwards we went with them to a stylish disco pub and had some mojito.

Our last day started with a scientific session with all the orthopedic department of La Paz and we spent the rest of the day in the clinic discussing interesting questions about

treatment of AC joint dislocations and rotator cuff repair.

**This has been one of the most life-enriching experiences in our life. We want to thanks all the hosts and the SECEC society and encourage other young orthopedic doctors to apply for this amazing fellowship.**

*Stefan Greiner*

*Davide Blonna*